

HAVE ANY TO ADD? SEND LINK TO DIGITALMEDIA@NLAOT.CA . THANKS FOR YOUR CONTRIBUTION! STAY SAFE EVERYONE!

| PRACTICE AREA / TOPIC | \$ | CEU | LINK |
|-------------------------|------|-----|---|
| GENERAL PRACTICE | | | |
| CAOT Webinar bundles | 100* | 3+ | https://caot.ca/client/product2/products.html?categoryId=786 *Bundles of 5 CAOT webinars for \$100 for members |
| CAOT Virtual 2020 | 199 | 20+ | www.coat.ca (registration closed) |
| Parkinsons | 0 | NA | Parkinson's Disease Foundation https://youtu.be/OPcWon5uBtg |
| Tis Disorders | 0 | NA | Tourette Association of America https://youtu.be/1O6JtOia7oo |
| | | | |
| MENTAL HEALTH | | | |
| MH Concerns with kids | 0 | 5.5 | https://ca.ctrinstitute.com/free-on-demand-workshop/ |
| Mindfulness | 0 | 2+ | https://www.mindwellu.com/webinars |
| Mindfulness (AOTA) | 0 | NA | https://www.youtube.com/watch?v=_vtlam2_W-k&feature=youtu.be |
| | | | |
| SEATING | | | |
| Power WCs (various) | 0 | 3+ | https://files.constantcontact.com/22411ed3401/9edbf76-bf19-47be-a727-419c563ed778.pdf |
| Seating - various | 0 | 5+ | https://www.sunrisemedical.com/resources/education-in-motion/live-webinar-series?utm_source=Education+in+Motion+Newsletter&utm_campaign=5c836fdca-0408-eim-live-webinar-email-1-eim-list&utm_medium=email&utm_term=0_e3cfed8e27-5c836fdca-241473209#MATevaluations |
| Seating - various | 0 | 1+ | May11-15 https://pridequantumedu.gosignmeup.com/public/course/browse |

Working from home - OT Webinars/Workshops**Red = Expired**

| | | | |
|--------------------------------------|---|----|---|
| Seating - various | 0 | 1+ | May13, May20 https://mailchi.mp/sunmed/register-now-complimentary-international-live-webinar-series?e=df1be8af06 |
| Seating various (Motion Composites) | 0 | 1+ | May13, May20 https://www.motioncomposites.com/en_ca/support-and-education/training-and-education/ceu-ccu-courses |
| Custom Seating (RideU) | 0 | 1+ | https://rideuniversityonline.thinkific.com/collections |
| | | | |
| Pediatrics | | | |
| Vestibular system | 0 | NA | https://www.youtube.com/watch?v=bPbG3uGqxU4&feature=youtu.be |
| Use of telehealth in schools for OTs | 0 | NA | Learn at works: https://youtu.be/XQ5E4ITANos |
| Online therapy approaches | 0 | NA | https://www.youtube.com/watch?v=9iMJ1BsTnyc |
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Other shared resources:

Occupational Therapy and Depression: Reconstructing Lives - AOTA

Occupational Therapy and Depression: Reconstructing Lives. By Ashley Opp . The proliferation of commercials for various antidepressant medications has convinced many Americans that managing depression is as simple as popping a pill. Although medication can be an important component of treating depression, occupational therapy practitioners can ...

www.aota.org

Occupational Therapy's Role in Sleep - AOTA

Download a printable copy here. Restful and adequate sleep provides the foundation for optimal occupational performance, participation, and engagement in daily life, a concept that is historically consistent with the development of occupational therapy.

www.aota.org

Occupational Therapist and OTA Member Lorrae Mynard has published the ebook

Normal life has been disrupted: a guide for managing disruption to occupational participation.

The guide presents occupational concepts of productivity, leisure, self-care, environment, routine and roles in plain language and presents suggestions

and examples of how to adapt and manage the disruption to occupational participation. It was designed for use by the general public.

<https://otaus.com.au/publicassets/af469002-6f6a-ea11-9404-005056be13b5/OT%20Guide%20COVID-19%20March%202020.pdf?246d3087-7f6d-ea11-9404-005056be13b5>

Any OT's out there needing to emerge from survival mode- scrambling to make sense, adapt practice and establish telehealth etc?

I recommend some deeper reading and I'm drawn back to this book. It never felt more relevant. I was fortunate to be part of a small international pilot group to complete the WFOT DM course in 2015- the course was updated in last year, I'll post a link in comments below.

The book pictured feels like it was written for our times, I'll post some excerpts in coming days. Stay safe all

https://scontent-lga3-1.xx.fbcdn.net/v/t1.0-9/p720x720/93312737_2552921701639571_6922552236706889728_o.jpg?_nc_cat=108&_nc_sid=2d5d41&_nc_ohc=60Ts-LvMKVQAX9QyiZt&_nc_ht=scontent-lga3-1.xx&_nc_tp=6&oh=ab81bfbad611f594cb5146c636854e0e&oe=5EBD8C24

Why staying connected is so important - Beyond Blue

The Coronavirus pandemic has reduced physical interactions but that doesn't mean you can't, or shouldn't be connecting with friends and family.

coronavirus.beyondblue.org.au