



OT Competencies (2022) Resource List

In response to the new Competencies for Occupational Therapists in Canada document and the release of *Promoting Occupational Participation: Collaborative Relationship-Focused Occupational Therapy*, we thought we would share some resources that are available to us – please note that this is not an exhaustive list, if you have any other resources you have availed of and/or are aware of please forward to Danielle Hogan at caot@nlaot.ca.

Competencies for Occupational Therapists in Canada

- The competency document can be found on the [CAOT website](#)
- Kim Doyle, NLOTB Executive Director, is available to any individual and/or practice group should there be any direct questions around the document. If you and/or your practice group would like to set up a virtual meeting to discuss same please connect with Kim at kim.doyle@nlotb.ca
- Kim presented on the Competencies for Occupational Therapists in Canada document at the NLAOT General Meeting on November 29, 2022. Kim's presentation was circulated to all NLAOT members via email – if you would like a copy, please connect with NLAOT Secretary at secretary@nlaot.ca
- eLearning Module sent to all members via NLOTB and a requirement for 2023 registration – please connect with NLOTB for link to same

Promoting Occupational Participation: Collaborative Relationship-Focused Occupational Therapy

- OT Conversations that Matter Podcast: released a special extended episode focusing on the new textbook. In episode 15, host Justine Jecker is joined by OTs Gayle Restall and Mary Egan, editors of the new textbook representing over three dozen authors: [Episode 15: Promoting Occupational Participation: Collaborative Relationship-Focused Occupational Therapy - A discussion with the editors by OT Conversations that Matter: The Podcast \(anchor.fm\)](#)

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Additional Resources:

We encourage everyone to become familiar with the CAOT Website – there is a section titled **Practice Resources** that offers a variety of different topics/resources for members to avail of. To highlight a few:

The Occupational Therapy Truth and Reconciliation Commission (TRC) Task Force work plan and additional resources including TRC and Indigenous Health Clinical Resources & Readings can be found [here](#)

Equity and Justice [Resources](#)

OT Conversations that Matter: Podcast: “Each month we will host an occupational therapist who may work clinically, non-clinically, in management, leadership, among other areas of practice to discuss relevant issues and topics from an OT perspective. The episodes will be 30-40 minutes long to encourage listeners to be able to tune in on their lunch break or other small window of time”. You can find the podcasts on the CAOT Website [here](#)

Practice Network or Community of Practice: “Occupational therapy networks are created when a core group of CAOT Members and Associates with similar interests are identified and there is a need to create a forum. The primary goal of the networks is to build capacity related to the area. The practice networks may also (1) provide vision, resources and action for the work of CAOT; (2) provide opportunities for networking and mentoring, (3) and lobby for occupational therapy services”. [Become involved!](#)

ACOTUP Research on Education Community of Practice: under the umbrella of the ACOTUP Research on Education committee; meets 3-4 times a year to discuss topics related to the scholarship of education – next sessions:

March 2023: CoreCom – A RoE Conversation with Sara Saunders and Kaarina Valavaara to “discuss the creation of the new competencies document from a steering committee perspective, with an emphasis on the inclusion of considerations for Indigenous Peoples and practice. This session will provide an opportunity for us to explore with Sara and Kaarina how those competencies were developed, and in particular how a justice lens was emphasized. We will then have an opportunity to discuss what might be the next steps for scholarship and research on education”.

Date and Time: This 90-minute virtual meeting will be held on **March 10** at 1:00PM AST. **Registration:** Please register in advance for this meeting at [this link](#)

June 2023: “Simulation in Canadian occupational therapy education: Overview and opportunities: In this session, occupational therapy educators from across Canada will be joining us to discuss the use of simulation in education. A brief overview of best practice for simulation design, implementation, evaluation, interprofessional practice, and simulated fieldwork experiences will be provided. Following the overview. This session will provide an opportunity to explore and generate questions that might be the next steps for scholarship and research for the use of simulation in occupational therapy”.

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Date and Time: This 90-minute virtual meeting will be held on **June 7** at 3:00PM AST.

Registration: Please register in advance for this meeting at [this link](#)

Suggestions Moving Forward:

Create a **Book Club** in your region/practice area to read and share your experiences with *Promoting Occupational Participation: Collaborative Relationship-Focused Occupational Therapy*.

Host a **Coffee House** – The MHA Community OT Practice Group, Eastern Health holds a Coffee House 2-3 times/year to share practice group initiatives, innovation and any educational updates from workshops, webinars attended. It is a great opportunity to join up with your colleagues to have a coffee and chat. For more information please connect with Education Chair/Coffee House Coordinator, Samantha Ash at education@nlaot.ca

If you'd like to share with NLAOT members what your practice area is doing to promote the profession, new text book and/or competency document, please share with us!