



***Newfoundland and Labrador  
Association of  
Occupational Therapists***

***General Meeting  
April 6/2022***

**PRESIDENTS REPORT**

I would like to thank and acknowledge the hard work of all occupational therapists in Newfoundland and Labrador, especially over the past 2 years. The challenges occupational therapists have faced during the ongoing Covid19 pandemic and recent cyberattack to some of our public health authorities, has no doubt had an impact on our professional and personal lives. We, as an executive, would like you to know that the work you do does not go unnoticed and we are here to support you, and the occupational therapy profession, in any way we can. Although 2021 has been another challenging year, the association has been busy. The NLAOT works alongside the Canadian Association of Occupational Therapists (CAOT) and the Alliance of Canadian Occupational Therapy

Professional Associations (ACOTPA) to increase public awareness of occupational therapy. One of the initiatives of CAOT is a new website, [oteveryday.ca](http://oteveryday.ca), that provides the public with information and resources about our wonderful profession! As well, this past year, CAOT released the new Competencies for Occupational Therapists in Canada. If you haven't seen the new competencies document please reach out to the association and we can gladly email you a copy.

In addition to these collaborative projects, NLAOT is also working on projects provincially. The association has two working groups related to children and adults with autism. The pediatric working group is focusing on universal occupational therapy pediatric service recommendations for Newfoundland and Labrador. The adult autism working group is focusing on the gaps in service for adults with autism in the province and collecting resources to advocate for future services specific to adults with autism. In light of recent events in our country, the association is planning to create a Cultural Diversity working group. If you would like to be involved in the Cultural Diversity working group, please contact our executive.



The NLAOT hopes to offer cultural diversity training, at a low cost, to the membership in 2022 – so please stay tuned!

The future of the Newfoundland and Labrador Association of Occupational Therapists will look different in the upcoming year(s). Please see the report from Kim Doyle, executive director of the Newfoundland and Labrador Occupational Therapy Board, for more detailed information.

Thanks again for all you do for our profession in Newfoundland and Labrador. We hope to see you soon at our next virtual general meeting (date to be determined). Wishing everyone a happy and healthy 2022!

Respectfully submitted,  
Meghan Mahoney

### **EDUCATION COMMITTEE REPORT**

Our Fall grant draw was completed in October 2021 for \$500. Our successful applicant was Samantha Ash. Our Winter grant was drawn in February, 2022 for \$500 and the winner was Susan Morgan. The CAOT grant was split this year to allow 4 people to attend the conference virtually. The

winners of these grants were Melissa Greene, Meghan Mahoney, Jerilyn Burton and Donna Randell. Congratulations to all grant winners.

As previously announced, we are still planning on having Heidi Cramm come for the 2-day Trauma workshop. This has been postponed several times due to the pandemic and planning will depend on the ability to start offering in-person workshops again.

Eastern Health is hosting a webinar by Dr. Karen Whalley Hammel on Justice, Equality, Diversity and Inclusion in Occupational Therapy Practice on April 5, 2022 from 3:00-4:00. This education opportunity was also offered to all NLAOT members.

If anyone has any ideas for the education committee or would like to join our committee and help with planning, please reach out to me at [education@nlaot.ca](mailto:education@nlaot.ca).

Respectfully submitted,  
Kim Cooper

### **TREASURER REPORT**

Current account balance (March 29, 2022): \$60,523.54  
GIC total: \$52,021.63



All 2021-22 financial information has been sent to Noseworthy Chapman Chartered Professional Accountants. They will prepare our financial statements and the information will be shared with the membership.

Year expenses (March 1, 2021 - Feb 28, 2022):

Bank charges \$245.71  
Donations \$200  
Education \$3929.00  
Fees and dues \$1565.55  
Gifts \$1500  
Insurance \$1393.80  
OT Month \$2294.25  
Accounting \$1322.50  
Google Suite Services \$1017.90  
Website Development/maintenance \$1686.83  
Investments \$1000  
Zoom account \$230

Total: \$16,385.54

Total year revenues:

- CAOT (COTF) grant: \$449 (April 27, 2021)
- NLOTB membership fees: \$26,595 (Aug 2, 2021)

Total: \$27,044

Respectfully submitted,  
Jennifer Fahey

## **PUBLIC RELATIONS COMMITTEE REPORT**

Committee Members: Jill Burton {Chair}, Sarah Hodder (Lynch), Kerri Wells, Susan Morgan

OT Month:

We continued our OT month trivia this year with trivia night. 4 teams represented two of our regional health authorities- Western Health and Eastern Health.

T-shirts were designed by Kaila Erb and sold for \$20, OTs who purchased t-shirts were asked to bring forward an organization they would like to see the additional funds for t-shirts donated towards. 57 t-shirts were sold and \$396 was raised in addition, this money was donated as such:

- \$100 to Islaview Foundation.
- \$100 to Alzheimers Society
- \$100 to Red Cross
- \$100 to CMHA

OT month social media campaign this year focused on OT spotlights in non-traditional OT roles, organized by Sarah Lynch.

OZFM played NLAOT ads for the month of October.

Future Plans:

- Updating promotional materials
- Fundraising initiatives



- Planning for 2022 projects and OT month projects

Recruitment: Always looking for new members to join the committee!

As always, your comments and suggestions are welcome at [publicrelations@nlaot.ca](mailto:publicrelations@nlaot.ca)

Respectfully submitted,  
Jill Burton

## **DIGITAL MEDIA REPORT**

Our social media campaign for OT month 2021 was “Where in the world do Occupational Therapists work?” featuring three different areas of OT: Community Mental Health and Addictions, Pediatric Acute Care, and Mental Health and Addictions. Thank you to Danielle Hogan, Anne Johnston, and Dana Snedden for providing insight into their incredible work. If you missed it, you can check out these posts on our Facebook page.

To encourage engagement in OT month social media, we also ran a contest with a chance to win 1 of 3 \$50 gift cards by liking/sharing our posts. The winners were Nadine Harrison-Boyd, Amy Prince, and Ryan Johnston.

As always, if there is something you would like posted on social media, or if you have any questions/concerns, please email [digitalmedia@nlaot.ca](mailto:digitalmedia@nlaot.ca).

Respectfully submitted,  
Sarah Lynch

## **CAOT BOARD DIRECTOR (NL) REPORT**

The CAOT Board of Directors met virtually on February 17<sup>th</sup>, 2022. At this meeting, the board reviewed the organization performance and 2020-2021 financial statements for the upcoming AGM. Also, the Strategic Planning Task Force was established to begin work on the 2022-2025 strategic plan for the organization. Members are encouraged to read CAOT news and updates, including board meeting highlights, in the CAOT weekly email.

The CAOT AGM occurred virtually on Monday, March 21, 2022.

Congratulations to Danielle Hogan, who was appointed as the new Newfoundland and Labrador CAOT Board Director! Danielle will commence the position in October 2022.



The annual CAOT conference for 2022 will be a hybrid event. The conference will be held in Whistler, BC, from May 4-7<sup>th</sup>, with an option to attend virtually. Registration opens on February 1, 2022, and more information about the conference can be found [here](#). Over the past two years several NLAOT members have attended the conference virtually, and have found it to be an excellent opportunity for professional development.

Please do not hesitate to contact me if you have any questions or concerns related to CAOT, or if there is any feedback you have for our national association.

*The Canadian Association of Occupational Therapists provides services, products, events and networking opportunities to assist occupational therapists achieve excellence in their professional practice. In addition, CAOT provides national leadership to actively develop and promote the client-centered profession of occupational therapy in Canada and internationally. NLAOT members are encouraged to visit [www.caot.ca](http://www.caot.ca) or to join CAOT on Facebook or Twitter for news, volunteer opportunities, training and professional practice resources, and*

*additional information about the work of our national association.*

Respectfully Submitted,  
Sarah Burt