



*Newfoundland and Labrador
Association of
Occupational Therapists*

*General Meeting
February 14/2023*

PRESIDENTS REPORT

Welcome to New Executive Members

NLAOT would like to welcome new executive members:

Digital Media – Jessica Samson
Public Relations – Maria Snow
Education – Samantha Ash

Stay tuned to our social media accounts for exec member bios!

Seeking Executive Volunteers!

NLAOT is seeking volunteers for the following positions:

- President Elect
- Treasurer

NLAOT Secretary has emailed position descriptions for further information.

Citation Award 2023

The purpose of the citation award is to acknowledge the contribution/accomplishment to the health and well-being of Canadians of an agency, program and/or individual within each province/territory, who is not an occupational therapist. This year's nominees are "City of St. John's – Recreation Division (Stacey Parsons & the Outdoor Team)" and "Victoria Burry – The Health Hut". Deadline for 2024 submissions is November 24, 2023.

Alliance of Canadian Occupational
Therapy Professional Associations
(ACOTPA) Updates

CAOT is in planning phase of new OTA in Canada Competencies document

- Discussion regarding private insurance coverage for occupational therapy services. Members reported insurance companies have been more interested in covering OT services since the pandemic as they are aware of OT's role in preventative health.

- Some private practice OTs were having concerns regarding working with Veteran's Affairs. Seeking input regarding Newfoundland & Labrador OTs experience working with Veteran's Affairs.



- CAOT conference in Saskatoon,
Saskatchewan May 10-12, 2023

OT Atlantic Conference

The Nova Scotia Society of
Occupational Therapists is hosting the
OT Atlantic Conference in Halifax, NS
October 13-15, 2023.

Competencies for OTs in Canada:

National eLearning Module Draw (OT Month)

Winner of the \$50 gift card for the
National eLearning Module Draw is
Martina Hickey. Congrats!

NLAOT & NLOTB Working Group

Meghan Mahoney, NLAOT President,
Danielle Hogan, CAOT Board Director
of NL and Kim Doyle, NLOTB Executive
Director have formed a working group
to provide awareness regarding the
"Competencies for Occupational
Therapists in Canada" document. Stay
tuned for the introduction of a
NLAOT/NLOTB monthly newsletter in
the future! If you do not currently
receive emails from the NLAOT please
email secretary@nlaot.ca to be added
to our mailing list.

NLCHI – Personal Health Record

The Newfoundland and Labrador
Centre for Health Information

(NLCHI), in partnership with the
Government of Newfoundland and
Labrador, and Canada Health Infoway,
are currently working towards the
implementation of a Personal Health
Record (PHR) for the citizens of our
province. Please refer to your email
from Secretary NLAOT for a one-page
document that highlights some key
points and progress to date, as well as
an email address for anyone wishing
to provide feedback or ask questions.

NLAOT Annual General Meeting

*May 9, 2023 at 2:00-4:00pm
(Newfoundland time) 1:30-3:30pm
(Labrador time)*

Respectfully Submitted,
Meghan Mahoney

EDUCATION COMMITTEE REPORT

I joined the NLAOT executive team in
December 2022. I'm currently
learning about the education chair
role and starting to brainstorm some
ideas and goals for my time in this
position.

The winner of our \$500 winter grant
draw will be announced in the near
future. We are also in the process of
sending out and collecting information



from a short survey. The link to this survey will be distributed by email and posted on our social media accounts. This will help us gain a better understanding about topics of interest as well as preferred delivery methods of educational opportunities.

If anyone has any ideas for the education committee or would like to join our committee and help with planning, please reach out to me at education@nlaot.ca.

Respectfully Submitted,
Samantha Ash

TREASURER REPORT

Current account balance (February 7, 2023): \$72,010.67
GIC total: \$52,089.81

Expenses (from March 1, 2022):

Bank charges \$128.15
Donations \$100
Education \$4399.65
Fees and dues \$281.75
Gifts \$690
Insurance \$1422.55
Office/Admin \$277.15
PR \$2298.98
OT Month \$3293.65

Accounting \$1322.50
Google Suite Services \$1076.39
Website Development/maintenance \$1091.35
Zoom account \$230.00

Total: \$16,612.12

Respectfully Submitted,
Jennifer Fahey

PUBLIC RELATIONS COMMITTEE REPORT

Committee Members: Maria Snow {Chair}, Kerri Wells, Susan Morgan

New chair as of January 2023; getting oriented to role:

- Maria will connect with PR Committee members this week.
- The PR committee serves to promote the profession and the Association. This committee coordinates OT month activities throughout the province on behalf of NLAOT, and coordinates other PR activities throughout the year. This committee also aims to build networks amongst members



across the province and to build relationships with community partners.

- *Please email publicrelations@nlaot.ca by 4:00PM Friday February 17th if you are interested in joining the PR committee.*
Commitment: A minimum of six meetings (1hour) per year.

Current committee initiatives:

- Planning social/networking events for 2023
- Assessing interest in a merchandise order
- Reviewing and updating promotional materials as needed
- Brainstorming ways to engage provincial network(s) of OTs in NL
- *Survey to be distributed to NLAOT members to gather information that will guide PR initiatives both short and long term.*

First 2023 social event scheduled:

- Date: Friday March 24th
- Event: Spin class at Studio VERSO (capacity 27)

- Time: 7:00PM spin class, 8:00PM social.
- *Please RSVP to publicrelations@nlaot.ca by March 13th to confirm attendance. Please note: feel free to RSVP for only the social if a spin class isn't for you!*

As always, your comments and suggestions are welcome at publicrelations@nlaot.ca.

Respectfully Submitted,
Maria Snow

DIGITAL MEDIA REPORT

The NLAOT Instagram account was re-launched in December 2022 to promote member engagement and to foster a space for professional advocacy/resource-sharing. We've seen a 119% increase in followers, several of which are new or incoming graduates. A social media calendar outline has been created and will be further developed in collaboration with the Executive Team.

The NLAOT website is presently up to date. Kerri and I are collaborating to add past meeting reports to the



website's member portal. The Pre-Driving Screening Practice Guidelines developed by the NLAOT driving working group are now available on the website member portal under 'Reports'. If there is something you would like to see posted/shared, please reach out any time to digitalmedia@nlaot.ca.

Respectfully Submitted,
Jessica Samson

CAOT BOARD DIRECTOR (NL) REPORT

Highlighted activities from the CAOT Board Director NL since last NLAOT GM on November 29, 2022:

- Together with NLAOT President, Meghan Mahoney, we presented the 2022 CAOT Citation Award to Shirley Lucas, Chief Executive Officer of the Alzheimer Society of NL on January 18, 2023.
- In response to the new *Competencies for Occupational Therapists in Canada* document and the release of *Promoting Occupational Participation: Collaborative*

Relationship-Focused Occupational Therapy, we thought we would share some resources that are available to us. The resource list was sent out via email from the NLAOT Executive on January 29, 2023.

We did note that this was not intended to be an exhaustive list but rather a pathway of sharing resources amongst members. We continue to encourage members to share any other resources you have availed of and/or are aware of so we can forward to members on a moving forward basis.

- CAOT response to education around *Promoting Occupational Participation: Collaborative Relationship-Focused Occupational Therapy* – there will be a short webinar series released on CAOT website.

Webinar 1: *An introduction to Canadian Model of Occupational Participation (CanMOP) for people with knowledge of at least one previous Canadian model of occupation* can be



found under Practice
Resources, Free Webinars.

- Upcoming CAOT Board Meeting
is February 16, 2023 (virtual).

Please feel free to connect with me
directly if you have any questions or
concerns related to CAOT and/or if
there is any feedback you have for our
national association.

NLAOT members are encouraged to
visit www.caot.ca or to join CAOT on
Facebook and/or Twitter for news,
volunteer opportunities, training and
professional practice resources, and
additional information about the work
of our national association.

Respectfully Submitted,
Danielle Hogan